



NEW MEMBER FORM

NAME: \_\_\_\_\_
ADDRESS: \_\_\_\_\_
PHONE NUMBER: \_\_\_\_\_
BIRTH DATE: \_\_\_\_\_

GENDER (CIRCLE): MALE FEMALE
CITY, STATE, ZIP: \_\_\_\_\_
EMAIL: \_\_\_\_\_
ACTIVE DATE: \_\_\_\_\_

ON RAMP RATES

\_\_\_ \$85 FOR 4 CLASSES\*

\*For those new to CrossFit, attendance is required in order to be graduated into regular CrossFit classes

CROSSFIT MONTHLY RATES

\_\_\_ UNLIMITED CLASSES
\$105/MONTH
(No contract)

\_\_\_ 3 CLASSES/WEEK (12 CLASSES/MONTH)
\$90/MONTH
(No contract)

\_\_\_ 2 CLASSES/WEEK (8 CLASSES/MONTH)
\$70/MONTH
(No contract)

Month-to-Month Agreement: This is a month-to-month payment plan that will continue until the buyer terminates the agreement. The buyer may cancel this agreement by notifying the owner, Danielle Heider, via email to dcheider08@gmail.com or text to 951-719-4521, and give 30 days notice of cancellation. The buyer will be responsible for any payments that become due within the 30-day notice.

Holds: The buyer must provide at least 30 days notice of placing membership on hold.

Auto-pay Schedule: I acknowledge that my monthly fees will be charged to my credit card/debited from my checking account on the first day of classes, and on either the 1st or the 15th of each month thereafter.

Class Day/Time: I understand that I am free to join any of the classes offered each week. I am not locked in to a specific class time.

Changes to Membership: I have the right to make changes to my membership level as necessary. I will notify owner, Danielle Heider, via email to dcheider08@gmail.com or text to 951-719-4521 with any desired changes at least 5 days before my monthly auto-pay schedule.

Gym Etiquette: I will be respectful of other Default CrossFit members and of my coaches. I am here to learn the CrossFit methodology and will take instruction, constructive criticism and advice from my coaches. I understand that my well-being and progress are their top priority.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_